

HIGH FIVE® Information Session



HIGH FIVE® A quality standard for children's sport and recreation
Founded by Parks and Recreation Ontario

What is HIGH FIVE®?

HIGH FIVE® is Canada's only comprehensive quality standard for organizations providing recreation and sport programs to children aged 6 to 12.



Our Vision

Through sustained involvement in quality recreation and sport activities, all children aged 6 to 12 years are experiencing healthy development.



Principles of Healthy Child Development

The HIGH FIVE® standard is based on research that a child's development is best supported when they are in a program that provides them with:

5 Principles of Healthy Child Development:

- ★ a caring adult
- ★ play
- ★ friends
- ★ mastery
- ★ participation



Design Guidelines

HIGH FIVE[®] also recognizes three design guidelines as a non-negotiable foundation on which the principles grow and develop. These are:

3 Design Guidelines:

- ★ safe
- ★ diverse and unique
- ★ developmentally appropriate



HIGH FIVE[®] Mission

HIGH FIVE[®] is a framework committed to assisting children along the path of healthy development through:

- ★ developing and maintaining a high level of knowledge and expertise in child development among recreation and sport practitioners;
- ★ assisting parents with making informed choices;
- ★ and providing practitioners with the tools for enhancing and maintaining a high level of quality.



HIGH FIVE® Framework

A QUALITY FRAMEWORK for Healthy Child Development through Sport and Recreation



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Training and Development Module

- ★ **Principles of Healthy Child Development (PHCD)**
- ★ **Sport Primer**
- ★ **Becoming a HIGH FIVE® Trainer**
- ★ **Implementation Planning Session**



Program Assessments Module

QUEST 2 Tool

Observation tool that measures the quality of interactions between the children and the program environment.

★ Quest 2 Training

★ QUEST 2 Assessments



Policy and Procedures Module

Quest 1: Reviewing Best Practices Tool

The QUEST 1 Tool allows organizations assess existing polices and write and implement new polices and procedures that help to support healthy child development.

★ Quest 1 Training

★ Guide to Best Practices Tool Kit

- ★ Guide to Best Practices
- ★ Reviewing Best Practices Tool
- ★ QUEST 1 Summary Tool



Awareness Module

Building Internal and External Awareness to promote a commitment to healthy child development

- ★ Adopt a “Commitment to Children” Policy
- ★ Use of HIGH FIVE® logo and materials
- ★ Complimentary Parent Resources
- ★ Tools to promote your involvement in HIGH FIVE
(Leader Appraisal, Reviewing Programs Together Parent Survey)



HIGH FIVE® Accreditation

HIGH FIVE® Accreditation Process

Quality Framework MODULE	Training and Development	Program Assessments	Policies and Procedures	Awareness (Internal/External)
Achieve! Level 5 Quality Assurance	Accreditation Recognition for your continuous delivery of quality programs for children.			
Improve! Level 4 Quality Accountability and Preparation for Verification	Train 85% of staff in PHCD*.	Achieve 70% in QUEST 2 in: • 25% of general interest/camp programs and • 10% of aquatic programs.**	Achieve 70% on QUEST 1.	Promote involvement in HIGH FIVE® to the community.
Measure! Level 3 Quality Improvement	Train 60% of staff in PHCD*.	Conduct QUEST 2 assessments on 5% of all programs.	Complete QUEST 1 and enter results into database.	Display HIGH FIVE® literature and signage in facilities.
Learn! Level 2 Quality Awareness	Train 30% of staff in PHCD*.	Train and certify staff in QUEST 2.	Attend QUEST 1 Workshop.	Promote HIGH FIVE® to staff and volunteers.
Join Us! Level 1 – Become a Registered HIGH FIVE® Organization				

* PHCD = Principles of Health Child Development ** In accordance with Aquatic Specific Criteria



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Benefits

- ★ **Increased customer satisfaction/fewer complaints**
- ★ **Improved staff morale and retention**
- ★ **Recognition of a Quality Service Provider**
- ★ **Focus on Risk Management**
- ★ **Potential to be Leading Edge**

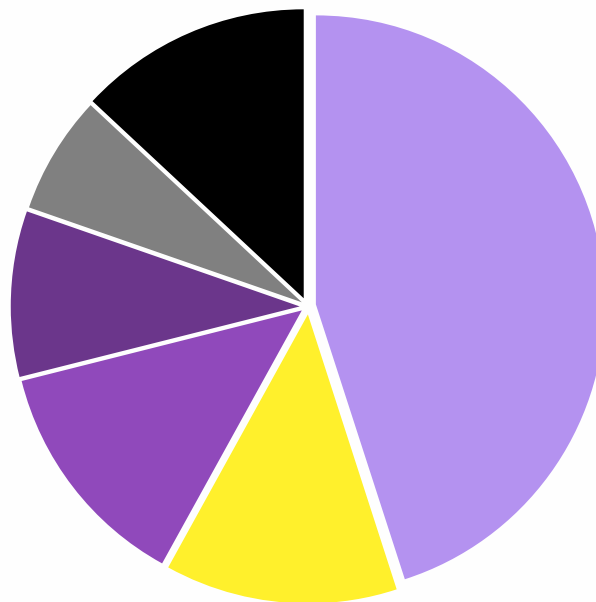


Benefits (Cont'd)

Access to:

- ★ On going support and network
- ★ \$7 million dollars of intelligence and research
- ★ Implementation Planning Workshop
- ★ Hands-On HIGH FIVE® Database
- ★ Free Parent Resources and Tools
- ★ Measurement of organizational performance – ability to set targets and generate reports
- ★ Use of powerful performance measurement tools (QUEST)

Who is Involved?



■ Municipalities ■ Sport ■ BGC ■ YMCA ■ Colleges ■ Other

HIGH FIVE® National

★ National Growth

- ★ Alberta
- ★ British Columbia
- ★ New Brunswick
- ★ Newfoundland and Labrador
- ★ Nova Scotia
- ★ Ontario
- ★ Saskatchewan

★ Affiliate Providers

★ Francophone Project



Contact Us



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