

# Between check-in and warm-up.



the  
space  
between



## Fit Fellas

West Vancouver Community Centre

[Watch the video here](#)

For some time now, we've been talking about The Space Between; the humble, sometimes overlooked, in-between spaces, where spontaneous connections occur.

The conversation held with a stranger while watching a game, the coffee shared between neighbours, the mentorship provided to someone learning a new skill.

### **This is where the magic happens.**

Over the next few days, we invite you to look inside some of our favourite community buildings and hear about moments of connection and community.

After 40 years, we have heard a lot of stories emphasizing the importance of these spaces.

### **Last year, we shared six.**

This spring, we plan to share four more.

Do you have a story to share? Seek us out in person at the Symposium, or email us at [info@hcma.ca](mailto:info@hcma.ca).