

# BCRPA's Education Courses & Workshops

In-person and online formats available!



## Empower your staff with HIGH FIVE® Training!

Take a HIGH FIVE® training today and join us in our commitment to healthy development! Check out the three featured courses below for a glimpse of what HIGH FIVE® is all about:

**Principles of Healthy Child Development** is available for in an in-person or virtual live format! Learners will be able to:

- learn activities and gain knowledge, tips, and resources to enhance their relationships with the children
- Speak a common language with their fellow staff
- Create a child-centered program

**HIGH FIVE Sport** is available for in an in-person or virtual on-demand format! Learners will be able to:

- Gain essential knowledge about the physical, social, emotional, and cognitive attributes of each age and stage of a child's development
- Learn to ensure programs are inclusive, safe and fun
- Learn how to implement the HIGH FIVE Principles of Healthy Child Development into your programs

**Principles of Healthy Aging** is available for in an in-person or virtual live format! Learners will be able to:

- Gain knowledge, tips, and resources to enhance programs
- Build healthy relationships in all areas of programming for older adults with participants and staff members
- Create environments and spaces that foster healthy active aging
- Design activity plans to enhance a participant's experience, as well as physical and mental health

Check out our HIGH FIVE® Workshop Schedule at: <https://www.bcrpa.bc.ca/courses/high-five/schedule/>

Don't see the workshop you're interested in? Reach out to us at [education@bcrpa.bc.ca](mailto:education@bcrpa.bc.ca) to be added to our list of interest!

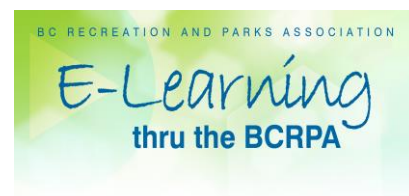


## E-Learning

**Free and paid courses available!** BCRPA offers a variety of courses online so that you can take a course wherever and whenever is the most convenient for you!

Course topics include: Fitness Education, Leadership, Summer Camp Leader Training, Access and Inclusion, Strategies for Challenging Behaviour, and so much more!

How to register? Visit the BCRPA's E-Learning Site: <http://elearn.bcrpa.bc.ca>



## Save the Date for Ripple Effects: October 20<sup>th</sup> - 21<sup>st</sup>, 2023!



Ripple Effects is back live and in person at the Richmond's Minoru Centre for Active Living. The program will spotlight staff recruitment and retention strategies, aquatic innovations, and mental health support.

Learn what is needed for aquatics to continue to grow and thrive while supporting staff and community members safely.

## Save the Date for BCFit®: October 21<sup>st</sup>, 2023!

BCFit® is BCRPA's premier fitness conference. It brings together fitness professionals, industry experts and influencers, and individuals interested in advancing their careers in fitness.



Delegates participate in active and lecture-style educational sessions with Q&A, and demonstrations. Every year, BCFit® attracts both repeat and new attendees as it delivers valuable information that enhances delegates' knowledge and increases their value and expertise to their fitness clients and organizations.

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## Playground Safety Awareness Course



Participants gain a clearer understanding of how to maintain the safety of local playgrounds, what problems they have in common with their neighbours, and how others are approaching inspection, upgrades, new equipment, and retrofitting.

**Target Audience:** This one-day course is intended to provide essential information to those who work in grounds maintenance, supervisory or management personnel, childcare personnel and building managers.

\*If your organization would like to host a course, please contact [education@bcrpa.bc.ca](mailto:education@bcrpa.bc.ca)

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## PoolSafeBC

PoolSafe BC is a workplace risk management course designed to help employers decrease the number of preventable injuries in the workplace in order to help mitigate the various costs associated with workplace injuries.



**How to register?** This course can be taken ONLINE at BCRPA's E-Learning Site: <https://elearn.bcrpa.bc.ca/>  
**For more information:** <https://www.bcrpa.bc.ca/courses/poolsafe-bc/>

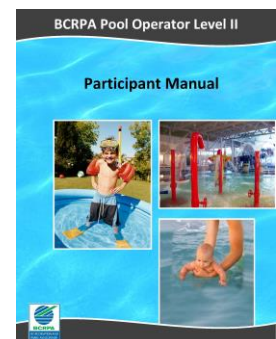
**\*Course is worth 4 CECs**

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## Pool Operators Level 1 & 2

Participants enrolled in the Pool Operator course will be exposed to information that will provide an understanding of swimming pool operations and maintenance. The courses allow the students to develop specific competence in the areas of pool operation. The course material provides BC specific content and reflects the most recent changes to the new BC Pool Regulations.

**How to register?** Visit <https://www.bcrpa.bc.ca/courses/pool-operator/schedule/> for a list of available courses in your area



If you have questions or would like more information, please contact:

BC Recreation and Parks Association  
Education and Initiatives Department  
[education@bcrpa.bc.ca](mailto:education@bcrpa.bc.ca)