

Living in a  
World of  
Difference



# Where we are



We acknowledge we are situated on the traditional lands of the Coast Salish peoples, and in particular, we acknowledge our relationships with the q'wá:nλən' (Kwantlen), q'íc'əy' (Katzie), M; thxwi (Matsqui) and Se'm ya'm e (Semiahmoo) First Nations.

Life is a story:  
This is mine

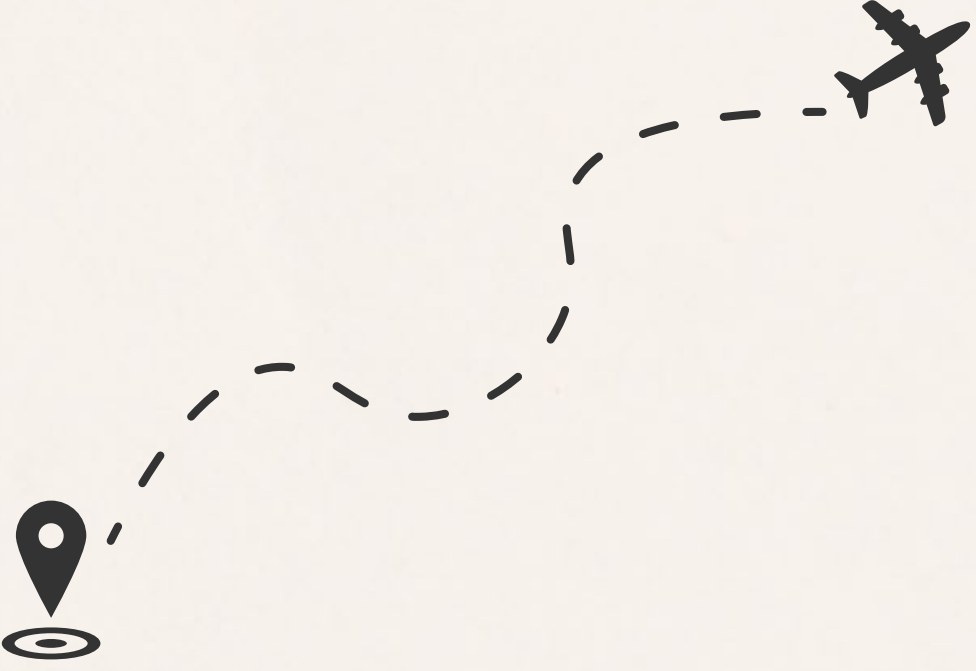
Guyana



Family



Siblings



Edm on ton



Life is a story:  
This is mine

Family



School



# Understanding the World We Live in

We need to understand who we are to understand our story, and how we belong in the world.



# Understanding the World We Live in

Owning our story can be hard but not nearly as difficult as spending our lives running from it. Embracing our vulnerabilities is risky, but not nearly as dangerous as giving up on love and belonging and joy - the experiences that make us the most vulnerable. Only when we are brave enough to explore the darkness will we discover the infinite power of our light. - Brene Brown



# Understanding the World We Live in



Sharing stories of people's experiences is not only valuable for promoting understanding — it can help us remember important information that can guide our future actions - Gary Green

# Engaging the World We Live in

Intersectionality describes how different elements of a person's identity can be discriminated against with negative outcomes

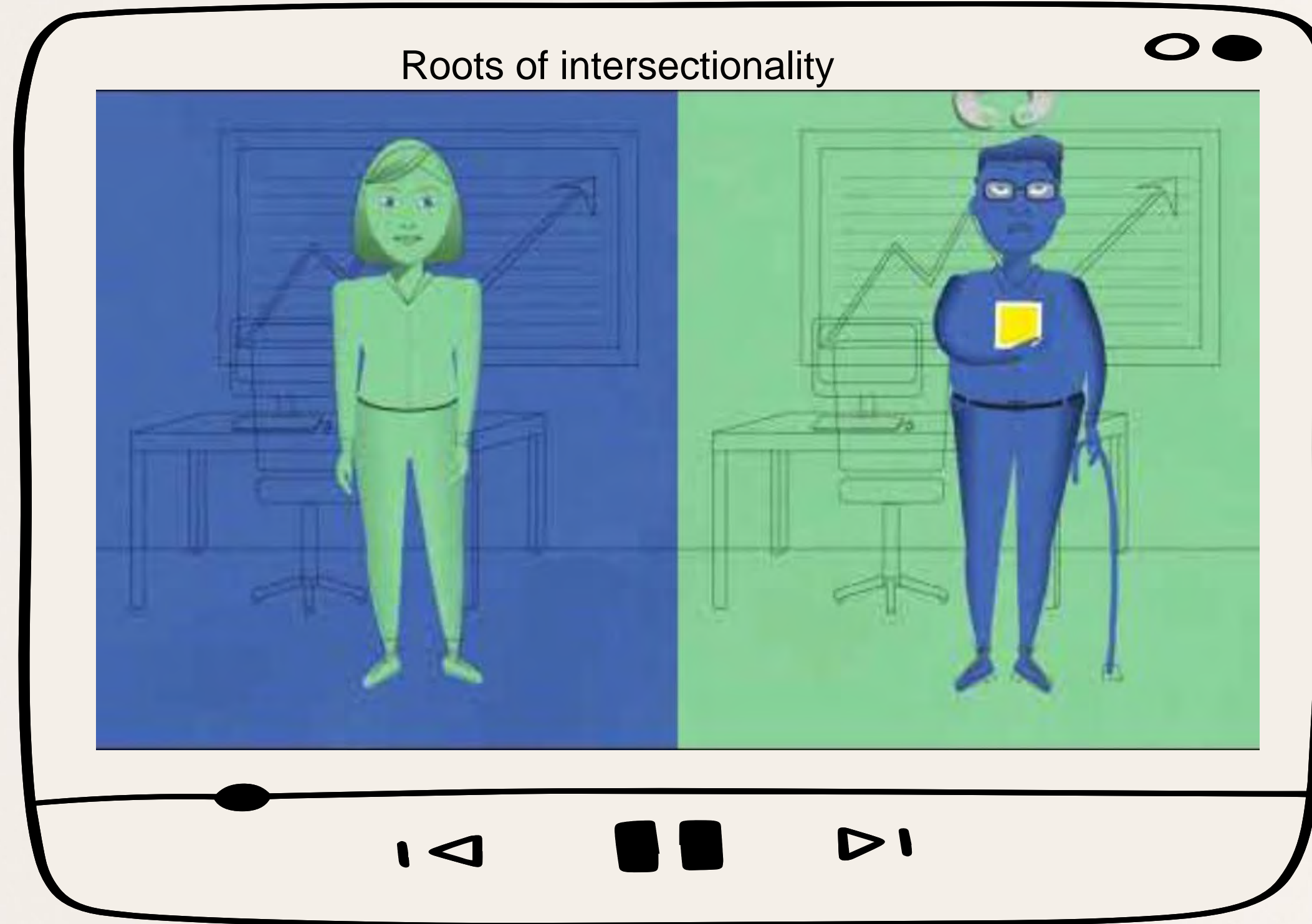
race, ethnicity, gender, sex, socioeconomic status, sexual orientation, age, religion/religious beliefs, national origin, and emotional, developmental abilities

multiple compound issues, which included but not limited to" poverty, unhoused, addiction, mental health, physical health





# Engaging in the World We Live in



# Engaging the World We Live in



When we deny our stories, they define us. When we own our stories, we get to write a brave new ending - Brene Brown

# Impacting the World We Live in

How do I/we rewrite the story



# Impacting the World We Live in



Consider intersectionality in diversity and inclusion when working towards change

- Training
- Diversity and inclusion programs
- Trying new approaches
- Acknowledge unconscious bias

Use this lens to be creative, innovative and learn from each other

# Living in a World of Difference

Listening to others and the impact of how we do our work can lead to better health and well-being in life

Honour our differences and we do not have to become each other in order to work together · Audre Lorde



Q & A

