



OUR FOUNDATIONAL RIGHT FOR LEISURE

“Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay.”

UN Universal Declaration of Human Rights, Article 24 ¹

¹ <http://www.un.org/en/universal-declaration-human-rights/>











The 7 Dimensions of Leisure

Charter for

Leisure



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WLO Charter for leisure: Material for governments

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WORLD LEISURE DECLARATIONS

World Leisure Charter for Leisure
1970, revised 1979, revised 2000, revised 2020



São Paulo Declaration
“Leisure in a Globalized Society”
São Paulo, Brazil, 1998



Québec Declaration
“Leisure, Essential to Community Development”
Québec City, Canada, 2008



Hangzhou Declaration (UNESCO)
“Placing Culture at the Heart of Sustainable Development Policies”
Hangzhou, People’s Republic of China, 2013



São Paulo Declaration
“Leisure Beyond Constraints”
São Paulo, Brazil, 2018

WHAT WE UNDERSTAND FOR LEISURE

““”

... a central focus in enhancing the human condition

““”

... a unique human activity born from enlightened personal freedom depending on goodwill among all people ...

““”

... [is seen as] important for social and voluntary involvement as well as the expression of solidarity and a sense of belonging

““”

... leisure can support the creation of global civil society as it is integral to the social, cultural, economic and sustainable development and the well being of individuals, communities and nations

““”

... [it contributes] to quality of life and wellbeing, the enhancement of social relations and social capital and as a place of expression and engagement in democratic life



Play-it-Forward



DONATE NOW!

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GIFT PLAY

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Charity #
81955 0245 RR001



Delta



Free Recreation Initiatives



**IT'S
FREE?**



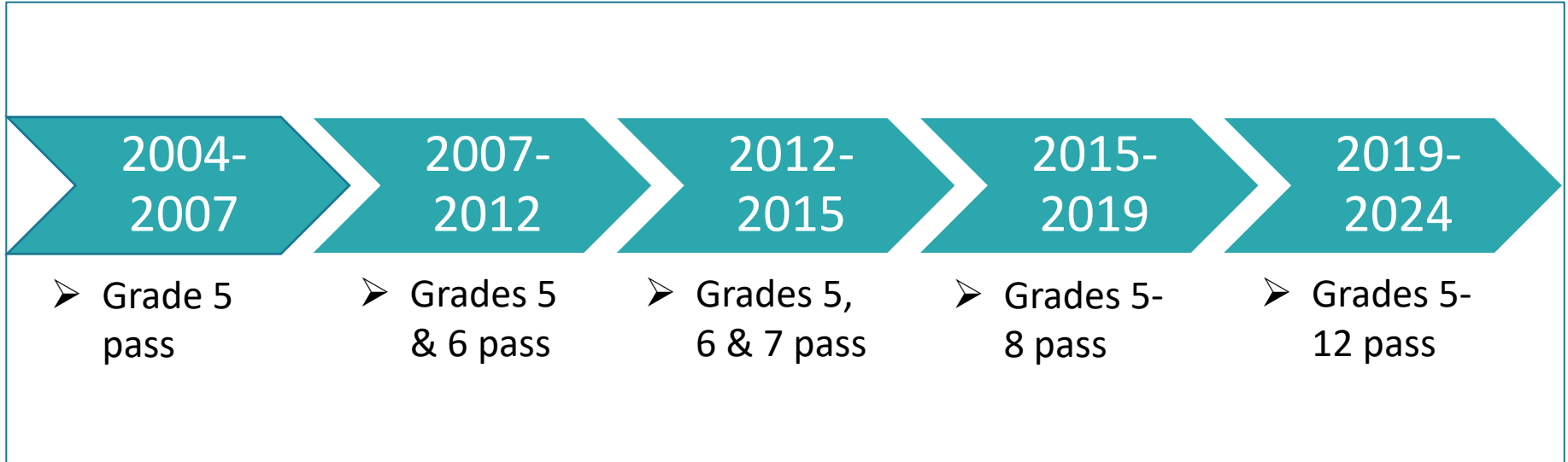


Delta's Free Recreation Passes

- 🎾 Youth pass – free annual pass for Delta children and youth ages 10 through 18 (*grade 5 through 12*)
- 🎾 Super Senior pass – free annual pass for Delta Seniors age 75+

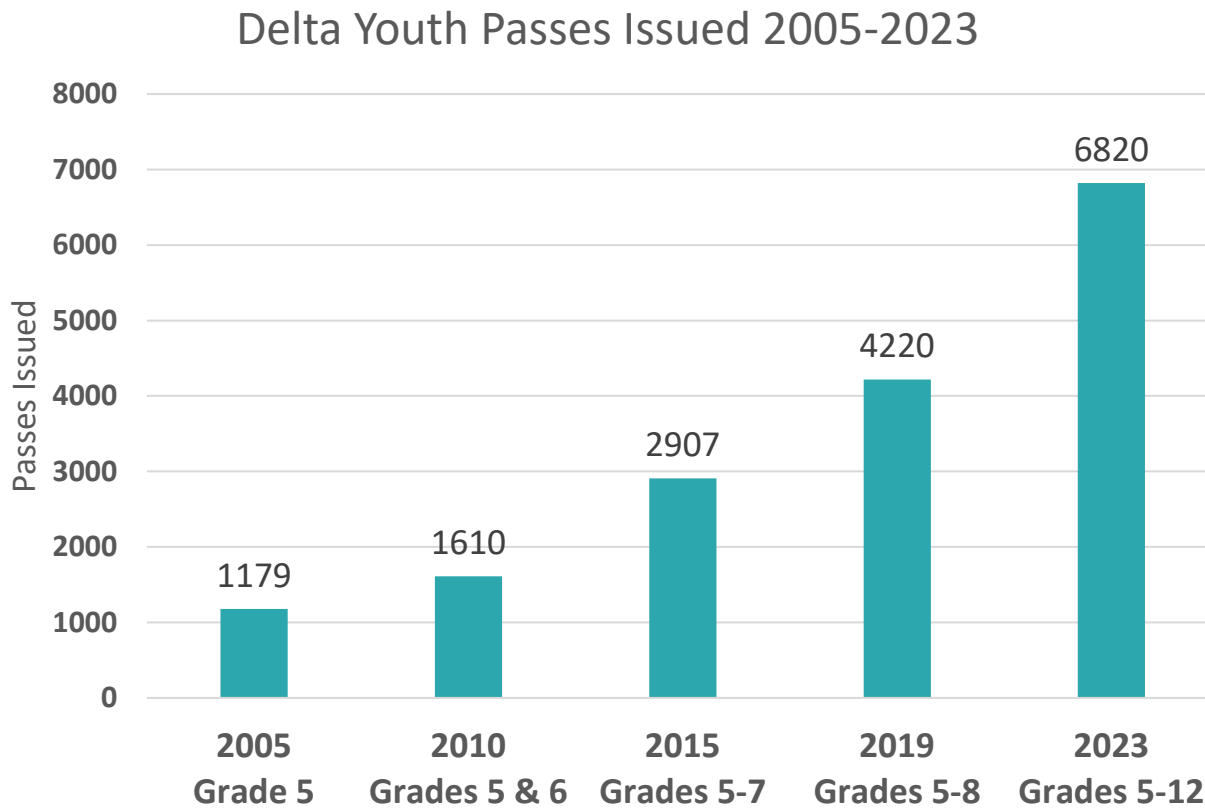


City of Delta - Youth Pass evolution





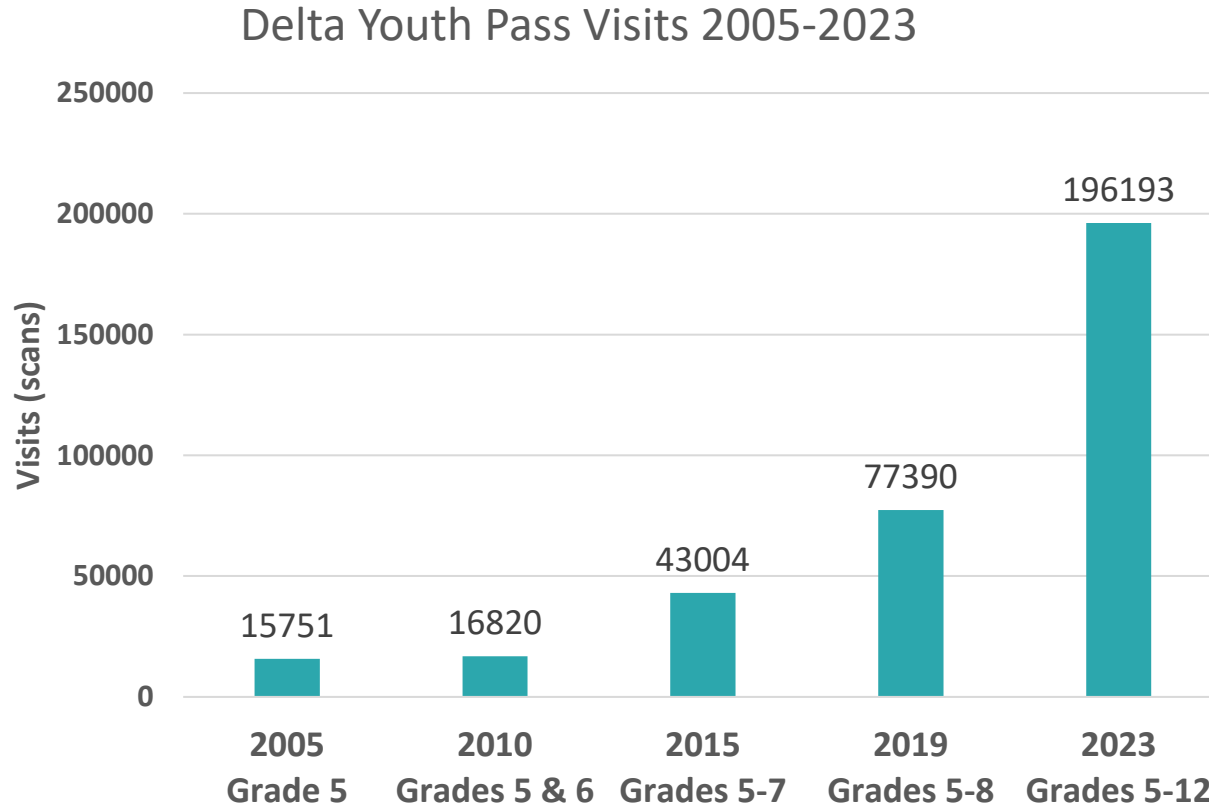
Delta Youth Pass – program growth







Delta Youth Pass – facility usage









City of Delta – Super Senior Pass

- ✦ 2005-2020: qualifying age was 85
 - ✦ Averaged 200 passes issued annually
- ✦ 2021: qualifying age lowered to 75
 - ✦ Since 2021, an average of 1350 passes issued annually



INSTRUCTOR

SHA...ND









Community Partnership Program

Subsidized Recreation – City of Fort St. John







**SOLD
OUT**





VISITORS



Canadian National
LET'S GET SKATING
THANKS TO OUR SPONSORS
NORVAC SERVICES - 3RD ENGINEERING - IRON HIDE
SCOTT'S HYDROVAC - TROJAN SAFETY
SUPRA DISTRIBUTION - ROYAL CAMP - RESOLVE
MOUNTAINVIEW SAFETY - SUPERIOR PROPAPE

WHOLE FITNESS FOR TEENS



Brought to you in partnership with
Gators Gym & Bonnie Gouldie
from Versatile Fitness











LOVE



INTRO TO
PICKLEBALL

TUESDAYS!
(WEATHER PERMITTING)





COURT RULES





City of Fort St. John Workshop Series with Sabrina Trobak:

JAN 16



Understanding Healthy Relationships Workshop

POMEROY SPORT CENTRE - MEETING ROOM

6:30 - 8:30pm - No registration required

FEB 13



Creating Connection Workshop

POMEROY SPORT CENTRE - MEETING ROOM

6:30 - 8:30pm - No registration required

MAR 12



Community's Choice Workshop

STAY TUNED ON FACEBOOK TO GIVE FEEDBACK
ON THE WORKSHOP TOPIC!

KIDS ARENA FIELDHOUSE

6:30 - 8:30pm - No registration required



fortstjohn.ca





Parenting Workshop
Creating Confident Problem Solvers
& Critical Thinkers
by Sandra Davis MAEd, EdS

Parenting Workshop



SEPT 18 **UNDERSTANDING ANXIETY**

Pomeroy Sport Centre,
Meeting Room

OCT 16 **PARENTING: Creating Confident Problem Solvers and Decision Makers**

Pomeroy Sport Centre,
Meeting Room

SEPT 25 **MEN HAVE ANXIETY TOO**

Online via zoom

Zoom link available
at [fortstjohn.ca/
community-calendar](http://fortstjohn.ca/community-calendar)

NOV 20 **BUILDING EMOTIONAL CONFIDENCE**

Pomeroy Sport Centre,
Meeting Room

**All workshops 6:30-8:30pm, presented by Sabrina Trobak
Drop in workshops • No registration needed • Free of cost**

Learn more about Sabrina & Trobak Holistic Counselling at
www.trobakholistic.org



fortstjohn.ca

**A relationship can only be as healthy
as the individuals who are in it.**

